



## **2020 MHSA Fall Assembly**

**September 16-18, 2020**

**via Zoom**



## MHSA Fall Assembly Program

September 16-18, 2020

### Wednesday, September 16, 2020

1:00pm - 1:10pm

Welcome

Robin J. Bozek, Executive Director, *Michigan Head Start Association*  
Corey Holcomb, ECE Director, *Community Action Alger Marquette*  
President, *Michigan Head Start Association*

1:10pm - 2:10pm

Head Start Legislative and Policy Update

Tommy Sheridan, Deputy Director, *National Head Start Association*

2:10pm - 2:25pm

**BREAK**

2:25pm - 3:25pm

Opening Keynote Speaker: "ALL Means ALL!" Cultivating Inclusion, Unlearning Implicit Bias & Inspiring Equity"

Dr. Adolph Brown, III, U.S. Secretary of Inspiration, CEO, *Business & Education Leadership Authority*

3:25pm - 3:30pm

**BREAK**

3:30pm - 4:30pm

Directors' Workshop: "Region V Update and Discussion on Reopening"

Karen McNamara, Regional Program Manager, *Office of Head Start – Region V*

3:30pm - 4:30pm

Staff Workshop: "Why Can't We All Get Along? Tools to Create Positive Behaviors"

Lesla Rice, Certified Conscious Discipline® Instructor

3:30pm - 4:30pm

Parent Workshop: "Stress Less with Mindfulness"

Tracie Abram, Educator, *MSU Extension*



## MHSA Fall Assembly Program

September 16-18, 2020

### Thursday, September 17, 2020

1:00pm - 1:05pm

**Welcome and Introduction**

Robin J. Bozek, Executive Director, *Michigan Head Start Association*

1:05pm - 2:20pm

**Keynote: "Cultural Humility and Effectiveness"**

Dr. Sheryl White, Vice President of Training and Organization Development, *InnoVisions at the Neighborhood House Association (NHA)*

2:20pm - 2:30pm

**BREAK**

2:30pm - 3:45pm

**Directors' Workshop: "State of Michigan Update"**

Cynthia Derby, Director, *HSSCO*

Richard Lower, Director, Preschool & Out-of-School Time Learning, *Office of Great Start*

Pat Sargent, GSRP Manager, *Office of Great Start*

2:30pm - 3:45pm

**Staff Workshop: "Personal Wellness & Self Development"**

Dr. Sheryl White, Vice President of Training and Organization Development, *InnoVisions at the Neighborhood House Association (NHA)*

2:30pm - 3:45pm

**Parent Workshop: "Advocating for Head Start During the Pandemic"**

Dwayne Barnes Jr., Detroit Community Engagement Specialist, *MLPP*

**Thank you to our 2020 MHSA Fall Assembly Sponsor!**





## MHSA Fall Assembly Program

September 16-18, 2020

### Friday, September 18, 2020

9:00am - 9:25am	<u>Welcome &amp; Adventurous Virtual Tour of Outdoor Lakshore Classroom</u> Kevin Carnes, President, <i>Lakeshore Learning Materials</i>
9:25am - 9:30am	<b>BREAK</b>
9:30am - 10:45am	<u>Directors' Workshop: "Document, Document, Document!"</u> Tammy Jelinek, Partner, <i>WIPFLI</i>
9:30am - 10:30am	<u>Staff &amp; Parent Workshop: "Making an Impact on Your Future: Financial Literacy"</u> Peter Dunn, <i>Pete the Planner®</i>
10:45am - 11:00am	<b>BREAK</b>
11:00am - 12:00pm	<u>Directors' Networking: "Reopening and Going Forward"</u> Robin J. Bozek, Executive Director, <i>Michigan Head Start Association</i>
11:00am - 12:00pm	<u>Staff Workshop: "How to Stay Positive in a Negative World"</u> Phil Hamberg, Consultant
11:00am - 12:00pm	<u>Parent Workshop: "Not So Extreme Home Makeover: Simple Ways to Create a Learning Environment In Your Home"</u> Teri Hogg, Clinical Assistant Professor and ECE Program Coordinator, <i>Purdue University</i>
12:00pm -12:05pm	<b>BREAK</b>
12:05pm -12:20pm	<u>Surprise CELEBRITY Visit and Virtual GIVEAWAYS – from MHSA Fall Assembly SPONSOR</u> Kevin Carnes, President, <i>Lakeshore Learning Materials</i> Andrew Marsh, Regional Manager, <i>Lakeshore Learning Materials</i>

## Keynote Speakers

### Dr. Adolph Brown



Without a doubt, education keynote speaker Dr. Adolph Brown offers the most unique, relevant, relatable, fun and entertaining presentations today. **As a former at-risk student in both Head Start** and public education, he brings understanding to our mission and work. Being reared by a single parent mother in the housing projects and having his oldest sibling and only brother murdered when he was only 11 years old, Adolph experienced many adverse childhood experiences. Dr. Brown uses evidence informed practice combined with best available research and his vast experience as a veteran educator to deliver measurable outcomes. Dr. Brown has earned undergraduate degrees in anthropology and psychology with a minor in education, master's degree work in special education and experimental psychology, and a doctorate degree in clinical psychology. Dr. Brown is the author of acclaimed books, including the international mental wellness best seller, *Two Backpacks*.

### Dr. Sheryl White



Dr. Sheryl White, a cultural psychologist, is the Vice President of Training and Organization Development and the General Manager of InnoVisions at the Neighborhood House Association (NHA) in San Diego, CA. She brings over 25 years of experience to her work performance as a workforce, leadership and organization development coach, consultant and facilitator. Dr. White started her post-undergraduate college career as a preschool teacher and assistance site supervisor and then transitioned to working as a rehabilitation counselor and vocational consultant in the public and private sector. She is a Board Certified Coach, certified reliable in CLASS (Classroom Assessment Scoring System), a qualified/trained mediator, and provider of several organization, team and individual assessment instruments. Dr. White is passionate about helping people work better and better together for the betterment of humanity.



## MHSA Fall Assembly Workshop Descriptions

Wednesday, September 16, 2020

**K**-Keynote  
**D**-Directors  
**S**-Staff  
**P**-Parent

### **(K) "Head Start Legislative and Policy Update"**

Tommy Sheridan, Deputy Director, *National Head Start Association*

The National Head Start Association's Deputy Director will join us to share his seasoned perspective on what is happening on the Hill and the potential impact on Head Start. This update will inform us on changes to federal policy and anticipated budget actions as well as alerting us to future advocacy campaigns.

### **(K) "ALL Means ALL!™ Cultivating Inclusion, Unlearning Implicit Bias & Inspiring Equity"**

Dr. Adolph Brown, U.S. Secretary of Inspiration, CEO, *Business & Education Leadership Authority*

Blind Spots and Implicit Biases are hidden forces that shape our opinions, attitudes, perceptions and decisions about others. Although understanding structural inequities is important, understanding the foundations from which these structures are built is paramount. This interactive dynamic and uplifting presentation will address the shortcuts that create our mental blind spots. The operational definition of "equity" will include naming of barriers and identifying source narratives while dismantling them. Confirmation biases and microaggressions will also be discussed.

### **(D) "Region V Update and Discussion on Reopening"**

Karen McNamara, Regional Program Manager, *Office of Head Start – Region V*

Join us as we hear updates from Karen McNamara, Regional Program Manager, Office of Head Start – Region V. We will also have an open discussion to address reopening issues, and guide program leaders in the direction of concerns related to COVID-19 and reopening.

### **(S) "Why Can't We All Get Along? Tools to Create Positive Behaviors"**

Lesa Rice, Certified Conscious Discipline® Instructor

How many times have you wished you could help a child self regulate and learn the skill of impulse control, only to end up using traditional punishments and external rewards. Learn strategies how to take children/adults to their higher brain states enabling them to access unlimited skills and problem solve.

### **(P) "Stress Less with Mindfulness"**

Tracie Abram, Educator, *MSU Extension*

Stress Less with Mindfulness introduces parents to the experience and practice of mindfulness, with a goal of reducing stress and promoting self-care. Mindfulness can be defined as paying attention in a particular way: on purpose, in the present moment, and non-judgmentally. Learn what Mindfulness is, the therapeutic benefits of it, and learn how to breathe, move, eat, and laugh mindfully.



## MHSA Fall Assembly Workshop Descriptions

Thursday, September 17, 2020

K-Keynote  
D-Directors  
S-Staff  
P-Parent

### (K) “Cultural Humility and Effectiveness”

Dr. Sheryl White, Vice President of Training and Organization Development, *InnoVisions at the Neighborhood House Association (NHA)*

Cultural humility is a lifelong journey that starts with increasing understanding of one’s self and effectively managing ourselves in relation to others. The most well intended actions and plans can get derailed in the midst of cultural misunderstandings and clashes. Add to that the complexity of individual and personality differences and it’s easy to see how an experience unintentionally could leave a child, parent or staff member feeling hurt, instead of helped and open to engagement and growth. This keynote is designed to increase participants’ understanding and effectiveness in demonstrating compassion and engaging effectively across cultural differences.

### (D) “State of Michigan Update”

Cynthia Derby, Director, *HSSCO*

Richard Lower, Director, Preschool and Out-of-School Time Learning, *Office of Great Start*

Pat Sargent, GSRP Manager, *Office of Great Start*

This open discussion will provide participants information on key Michigan Department of Education (MDE) initiatives of interest to GSRP, Head Start, and Early Head Start programs. This session will include time for participants to ask questions.

### (S) “Personal Wellness and Self-Development”

Dr. Sheryl White, Vice President of Training and Organization Development, *InnoVisions at the Neighborhood House Association (NHA)*

The more we understand ourselves the more effective we can be in bringing out the best in ourselves and others. Self-understanding is the foundation for being able to successfully self-regulate—an ability that is crucial to personal well-being and effectiveness in every area of our life. This workshop is designed to facilitate participants engaging in self-reflection and discovery of their selves in relation to others, their roles and goals.

### (P) “Advocating for Head Start During the Pandemic”

Dwayne Barnes Jr., Detroit Community Engagement Specialist, *MLPP*

As the expert on your child and as a Head Start parent, learn how to effectively advocate for your child’s welfare at home, in school and before the community and elected leaders. Learn how to contact your elected leaders and what they need to hear from a parent/advocate perspective. Learn about the powerful ways advocacy can bring about change. Join with other parents as we learn, share stories and become stronger together!



## MHSA Fall Assembly Workshop Descriptions

Friday, September 18, 2020

<b>K</b> -Keynote
<b>D</b> -Directors
<b>S</b> -Staff
<b>P</b> -Parent

### **(D) "Document, Document, Document!"**

Tammy Jelinek, Partner, *WIPFLI*

Documentation, or lack of adequate or proper documentation, is often cited in monitoring reviews and audits. From funding sources to the Office of Inspector General, it's an area where organizations who offer excellent services can run into trouble. In addition, the need for documentation does not disappear when a crisis hits. As operations change during COVID, agencies will need to ensure their documentation identifies how taxpayers' dollars are spent on items that are necessary, reasonable, allowable, allocable and what a prudent person would do in similar circumstances. Join this session and we will share challenges we have seen, possible solutions, and areas of improvement.

### **(S & P) "Making an Impact on Your Future: Financial Literacy"**

Peter Dunn, *Pete the Planner*®

The goal of this workshop is to make the idea of saving for your future less intimidating – that saving just a few pennies per dollar can make a huge impact on your future. We all need to learn to “pay ourselves first”! Introducing the concept will be Dave Anderson from Auburn Hills who will, in turn, introduce our special guest, Peter Dunn, a/k/a “Pete the Planner”. As a veteran speaker, USA Today columnist and financial expert, Pete brings the experience necessary to educate and motivate. But it's his sense of humor as a former comedian that gives Pete's keynote addresses their memorable impact. Attendees will be talking about Pete's performance and insight for a long time after hearing him speak. And more importantly, they'll make real changes to their financial futures in the process.

### **(D) "Reopening and Going Forward"**

Robin J. Bozek, Executive Director, *Michigan Head Start Association*

Directors are encouraged to join us for a valuable session of networking with leaders in the Head Start community to discuss reopening and the future of Head Start.

### **(S) "How to Stay Positive in a Negative World"**

Phil Hamberg, Consultant

This workshop will focus on eight mental and emotional behaviors that will assist in keeping a person's positive outlook on life's circumstances. The concepts of naming your feelings to gain conscious control, setting emotional boundaries, and watching what you say to yourself to guide expectations, are just a few of the behaviors we must learn to stay positive in this unpredictable world.





**(P) “Not So Extreme Home Makeover: Simple Ways to Create a Learning Environment In Your Home”**

Teri Hogg, Clinical Assistant Professor, ECE Program Coordinator School of Education, *Purdue University*

This workshop will introduce simple changes that the attendee can make to their home environment that are easy, free/cheap and fun that build necessary language and literacy school readiness skills. The focus will include how to organize play areas, how to use everyday materials already around the home, and the kinds of toys that best enhance these skills. Attendees will also learn how to communicate with their child while using these materials that will increase their vocabulary.

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